

Alliance for African Assistance

Youth Mentor Program

The Alliance for African Assistance is a refugee resettlement agency that serves refugees from all over the world. In collaboration with the San Diego BRIGHT Families Project, the alliance offers a mentoring program to refugee youth ages 12-18 that live in San Diego County. The mentors encourage goal setting, intercultural relations and responsible parenting. The program requires a commitment of five hours per month for a period of six months. The program serves all of San Diego County, however the majority of the mentees reside in the City Heights/Metro communities.

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AMIGOS Mentoring Program

Nativity Prep Academy

The AMIGOS Mentoring Program serves underserved middle school students at a tuition-free, private school in the Logan Heights area. Mentors develop a one-to-one relationship with the student by visiting them at school 1-hour per week between 7:00 A.M.- 6:00 P.M. to play games, make art projects, do homework, play sports, talk, and have lots of fun! Mentors and mentees also have option of attending program group events such as going to the beach, sports games, and other fun events.

About Nativity Prep Academy:

Nativity Prep Academy provides a quality middle school education to underserved children from southeast San Diego. NPA is committed to each student's total development – academic, emotional, physical, and spiritual – by emphasizing serious study, personal and social responsibility. Nativity Prep Academy envisions its students succeeding in high school and college and becoming role models and leaders in their communities. The mentors make a one year commitment.

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Big Brothers Big Sisters of San Diego County

Community Mentoring

Bigs in Schools

Big Brothers Big Sisters of San Diego County has been serving the community since 1961, professionally matching adults and children in one-on-one relationships. As a

national organization, Big Brothers Big Sisters has been matching adults and children for over 100 years. Being a Big Brother or Big Sister is about sharing simple, everyday moments with a child. Community Mentoring is designed for a Big (adult mentor) to be matched with a Little (child mentee). They determine their activities based on mutual interests and their own schedule(s). Bigs in Schools is designed for Bigs and Littles to meet once-a-week at the child's elementary school to share interests, play games or work on school projects.

No training is required. The minimum age for volunteers is 18 years old. Mentees are between the ages of 7 and 18 (must be 16 at enrollment). Mentors must make a commitment for six to twelve months, depending upon the program. A Community mentor must have a personal vehicle and valid driver's license. A Bigs in Schools mentor must have a valid driver's license.

Community Relations Specialist
858-536-4900
<http://www.sdbigs.org>

Big & Little Sister Mentor Program

Big Sister League of San Diego, Inc.

The Big Sister League Mentor Program selects, trains and matches adult women mentors with girls ages 6-17. The mentors encourage the girls to recognize and make responsible use of their capacities and strengths to reach their full potential. Mentors agree to spend three to four hours per week with their mentee for a minimum of one year. This program serves all of San Diego County.

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ClubXcite

ClubXcite is a one-on-one youth mentorship organization specializing in kids and teens with learning disabilities and other special needs such as ADHD, mood disorders, social anxieties, emotional struggles, and behavioral challenges. ClubXcite offers a variety of program options for clients all harboring around a fusion of academic, athletic, and social development. Through ClubXcite, individuals are able to participate in one-on-one mentoring, tutoring, social clubs, athletic instruction, summer camps, and after-school enrichment programs. ClubXcite provides opportunities for kids and teens to be involved in sports, adventure, and community service in order to build friendships and facilitate fun in a small group environment. Under the steady guidance of ClubXcite's young and energetic social coaches, with many years of mentoring, teaching and coaching experience, participants hone their social skills and have the opportunity to forge friendships with others in the program. ClubXcite offers an effective forum for kids

to interact in a fun, natural, and non-clinical setting where fun and excitement acts as a dictator for all that we do. Through these activities, kids gain exposure to new experiences and acquire newfound confidence in themselves.

858 779 9674

www.exciteway.com

EXCEL Mentoring Program

South Bay Community Services

The EXCEL Mentoring Program of SBCS provides guidance and support to youth transitioning from foster care to help them develop career pathways and enhance professional skills that will help them achieve positive academic, career, and personal goals.

We match adult (over the age of 23) community members with our youth (ages 16-23) for a 6-month period. We ask that they meet twice per month. Outings are planned by the mentors and mentees and can range from job shadowing to miniature golf. Mentors and mentees also have the option of attending monthly group events. Mentors must pass a DOJ/FBI background check, submit a DMV Record, and attend a pre-service training and 2 additional trainings. Mentees are required to attend a pre-service orientation.

Christine Petrella

Program Coordinator

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Fishing Mentors, Inc.

Fishing Mentors provides supportive one-to-one mentors and positive fishing experiences for at risk youth. There are many young people who need positive influences in their lives. Fishing Mentors hopes that participants who complete the six month program will learn more than just how to fish, but how to live better lives, do well in school, and display healthy behaviors.

Kevin Stafford

Executive Director

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Foster Youth Mentor Program

Health & Human Services Agency, Child Welfare Services and San Diego County Office of Education, Foster Youth Services

The Foster Youth Mentor Program matches caring adult with foster children. It is a program under the County of San Diego Health and Human Services Agency, Child Welfare Services in collaboration with the San Diego County Office of Education, Foster Youth Services program. Foster children are dependents of the Juvenile Dependency Court. They reside in foster homes, group homes, and with extended family members. Mentors provide the children with a supportive and enriching one-on-one relationship that will aid in developing self-esteem. Activities may include providing transportation, tutoring, various social/educational outings, and FUN!

Tin Le
Program Coordinator
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Hermanitas

MANA de San Diego The Hermanitas (Little Sisters) Program is a youth leadership program under the auspices of MANA de San Diego, a national Latina organization. The mission of the organization is to empower Latinas through education, leadership development, community service and advocacy. The Hermanitas Program is one-to-one mentoring that focuses on the development of successful, responsible youth. The program explores topics that include self-esteem, cultural pride, academic goals and career opportunities.

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Jewish Big Pals

Jewish Family Services Jewish Big Pals, a one-on-one mentoring program, provides positive, adult Jewish role models for Jewish children ages 6-16 from single-parent homes. "Big Pals" meet with their "Little Pals" at least every other weekend for 3-6 hours to do constructive, esteem-building activities together. Once made, matches are supervised on a monthly basis during the first year and quarterly thereafter. This program serves all off San Diego County.

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Mariners Church/Lighthouse Mentoring

We believe mentoring is about changing lives of both our mentees and mentors. We believe mentoring is more about changing convictions and values than behavior. We believe that every human being is hardwired to connect to people and to something spiritual (God). We believe the best thing we can do for those being served is to model Christ so they in time will know and understand how to model that love to others.

John Lorenz

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Mentored Community Service Program

The SAFE Mentored Community Service Program provides guided community service opportunities to students who are referred to complete requirements for everything from school extra-credit to terms and conditions imposed by the judicial system. They participate in Prevention Education focused on drugs, alcohol and other risky behaviors. Students are required to complete a project that addresses their behavior and reason for referral.

Andrea Webster

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Mentoring Moms

Jewish Family Service Jewish Family Services is seeking mature women to volunteer for one year to help a teen mom by offering support, friendship, and building confidence to finish school. Mentors meet with **teen** once a week throughout the year. The goal of this program is to help these teens develop into independent responsible adults. Volunteers undergo screening and training, and send monthly reports to program coordinator.

Mary Strock

Program Coordinator, Mentoring Mothers

Jewish Family Services

One Source for a Lifetime of Help

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Pro Kids (The First Tee of San Diego)

Dedicated and caring individuals are needed to provide support, encouragement, and positive guidance while serving as role models for Pro Kids members. Mentors are carefully screened and matched with an individual college-age Pro Kids member based on personal interests and common career interests. Mentors work with students attending schools both in the San Diego area as well as around the state. Each mentor is asked to commit to working with their mentee for two to four hours per month for a minimum of one year.

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"Road to College" Mentor Program

Barrio Logan College Institute The purpose of BLCI's "Road to College" Mentor Program is to make one-on-one matches with interested, low-income, first-generation college-bound BLCI elementary, middle and high school students. The mentors are caring adults from diverse backgrounds that have college experience and can share their "college knowledge" with BLCI students, helping them succeed and realize their own potential. The "Road to College" Mentor Program serves 5th-12th graders that participate in BLCI's after-school enrichment program. All have the potential to be first generation college students! These students live in or around the culturally low-income community of Barrio Logan and attend schools all over San Diego County.

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Social Advocates for Youth - SAY San Diego – Two Programs

Community Assessment Team (CAT) Mentoring Program

The CAT Mentoring Program provides adult one-to-one mentors for at-risk youth ages 7-16 in the Mid-City community of San Diego. Mentors develop relationships with young people to guide and inspire them to set goals and make healthy life choices. With the support of experienced staff, mentors meet with their mentee twice a month for a period

of six months. Before the match begins, volunteers undergo several hours of training that focus on program guidelines, understanding youth and positive communication skills.

Vision Achievement Mentoring (VAM)

VAM is a group-mentoring program that works with youth ages 10-19 from multi-ethnic backgrounds in the Mid-City, City Heights and North Park communities of San Diego. Peer mentors ages 18-25 serve as leaders who work with youth to develop a life vision on topics including teen pregnancy prevention, independent living skills, study skills, time management, conflict resolution and drug and alcohol prevention. Groups meet at the SAY Mid-City site for approximately one and one half hours per week for the duration of one school semester.

Amy Halvorson

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STEP UP Foster Youth Mentor Ministry

The Rock Church

This ministry exists to build up foster youth who are going through life lost, and without hope. We have over 7,000 foster youth in San Diego County. These children have been removed from their homes, neighborhood, and communities - all that is familiar to them. This only increases their feelings of loneliness and most fill this emptiness with drug, sex, fighting/anger, and many end up on the streets at 18 with no place to go and no one to turn to for help. Mentors are caring people that follow these kids to provide ongoing support. When a kid moves to a new foster home, the mentor is there, when a kid moves to another group home, the mentor is there, when they get into trouble, or kicked out of school, the mentor is there.

Lisa Walker

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Teresa Helms

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<http://www.therocksandiego.org/ministries/fosteryouthmentor/>

Turning the Hearts Center (THC)

Fatherhood is Forever is a yearlong group mentoring project for middle and high school aged young men. Groups are conducted after school with a primary focus on teen pregnancy prevention, life skills development, and health education. The project starts with comprehensive 12-week teen pregnancy prevention curriculum and continues ongoing support services and mentoring to each youth and family based on individual needs and assessments. Mentors must be 21 years of age and older and are required

to spend 2 hours per week with their mentee(s) during a weekly group session. Turning the Hearts Center primarily serves the South Bay community, but plans to expand services to other regions of San Diego County in the future. Now we have a total of 6 gender specific mentoring programs for youth ages 9 to 21. The names of the groups are: Boys Rise Up, 9-12 Boys to Men, 13-17 Men on the Rise, 18-21 Girls Rise Up, 9-12 Girls to Women, 13-17 Women on the Rise, 18-21 Also check out our websites for more descriptions.

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VIP Mentor

Mentoring Children of Prisoners (MCP)

The VIP Mentor program is for Children of Prisoners. We provide one-on-one mentors to children ages 4-18. They are matched with a caring adult who share their interest, talents, and skills. The minimum requirement is that they spend 4 hours per month and have a 1 year commitment.

Foster Youth

The foster youth programs helps foster youth ages 16-21 transition out of the system by providing life skills, and resource/referral services. The VIP Foster Youth Mentor Program serves youth in San Diego. Priority will be given to those youth closest to aging out of the system. The program provides a comprehensive array of services designed to equip youth with a specific skill set that will place them on a path to a successful and self-sufficient future.

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Xcite Steps

The Xcite Steps Social Clubs and Mentoring Services one on one and small group activities for Kids, Teens and Adults provide friendship and social opportunities in a coached but natural and fun environment! Xcite Steps was founded in 2005 to support, enrich and empower the lives of children, teens and adults who have it harder than the average person due to a developmental or cognitive disability and give them the personalized attention, encouragement, skills and emotional support to succeed.

Furthering academic, social or physical development, enjoying recreational activities, exercising and having the company of friends are all important to a person's psyche. A child, teen or adult experiencing challenges may have a harder time establishing and managing these needs and our program can provide the structured and balanced approach to make after school and weekend hours productive, social and fun.

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Y-FRIENDz Mentoring Program

YMCA Youth & Family Services

Y-FRIENDz works specifically with children ages 4-15 who have one or both parents currently incarcerated. There are *at least* 15,000 such children in San Diego County! The Mission of the Y-FRIENDz Mentoring Program is to provide stable and caring mentors so that these children may be empowered to develop the relationships and social skills that will help them grow up to be happy, healthy and productive adults. Each mentor meets with their mentee for 1-3 hours per week and commit to mentoring for one year. In addition to weekly meetings, the program holds monthly community events for all mentors and mentees that include going to plays, concerts, sporting events, and other recreational activities. Life skills activities and community service are also essential components of the program. Mentors are quality adult role models 18 years and up. Each mentor is required to attend an initial training session and ongoing training is provided throughout the year.

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YouthBuild Mentoring

ADA, Inc.

YouthBuild is a program for students, ages 16-24, who are interested in getting some work experience as they further their education. Mentors represent a variety of professions. The program includes monthly group activities. Once matched, each mentor\mentee pair also spends time pursuing their own interests.

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