

### **Alliance for African Assistance**

#### Youth Mentor Program

The Alliance for African Assistance is a refugee resettlement agency that serves refugees from all over the world. In collaboration with the San Diego BRIGHT Families Project, the alliance offers a mentoring program to refugee youth ages 12-18 that live in San Diego County. The mentors encourage goal setting, intercultural relations and responsible parenting. The program requires a commitment of five hours per month for a period of six months. The program serves all of San Diego County, however the majority of the mentees reside in the City Heights/Metro communities.

For more information, please contact:

619-286-9052

[info@alliance-for-africa.org](mailto:info@alliance-for-africa.org)

[www.alliance-for-africa.org](http://www.alliance-for-africa.org)

5952 El Cajon Blvd.

San Diego, CA 92115

### **AMIGOS Mentoring Program**

#### Nativity Prep Academy

The AMIGOS Mentoring Program serves underserved middle school students at a tuition-free, private school in the Logan Heights area. Mentors develop a one-to-one relationship with the student by visiting them at school 1-hour per week between 7:00 A.M.- 6:00 P.M. to play games, make art projects, do homework, play sports, talk, and have lots of fun! Mentors and mentees also have option of attending program group events such as going to the beach, sports games, and other fun events.

About Nativity Prep Academy:

Nativity Prep Academy provides a quality middle school education to underserved children from southeast San Diego. NPA is committed to each student's total development – academic, emotional, physical, and spiritual – by emphasizing serious study, personal and social responsibility. Nativity Prep Academy envisions its students succeeding in high school and college and becoming role models and leaders in their communities. The mentors make a one year commitment.

For more information, please contact

Jill DeDolph

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### **Big Brothers Big Sisters of San Diego County**

Six Distinct 1:1 Mentoring Programs: Community Mentoring, Sports Bigs, Amachi (Mentoring Children of Prisoners), Bigs in Schools, High School Bigs, & Operation Bigs/Military Mentoring Program

The **Mission of BBBS** is to provide children facing adversity with strong and enduring, professionally supported one-to-one relationships that change their lives for the better. Being a Big Brother or Big Sister does not take a superhero; it is about sharing simple, everyday moments with a child. Community Mentoring volunteers ("Bigs") are matched with one child ("Little") and together they determine their activities based on mutual interests and their own schedules. Sports Bigs is a community mentoring program with a focus on sports. Matches meet 2 times a month to play sports and/or attend sporting events. Free or low-cost tickets to sporting events are provided to matches, and quarterly sports/health clinics are sponsored by BBBS and community partners. Amachi is a community mentoring program that matches volunteers with a child who has an

incarcerated parent. The Big and the Little have outings 2-4 times a month for a few hours each time. Bigs in Schools volunteers meet with one child once-a-week for one hour at the child's elementary school in the Mid-City to play games, sports, do crafts, and share interests.

Operation Bigs volunteers are matched with a child who has an active duty military parent who is deployable. This is also an after-school site-based program and takes place once a week for a one hour mentoring session at all five elementary schools on base at Camp Pendleton, as well as four school/community center sites in central San Diego (Coronado, Point Loma, Serra Mesa, and MCAS Miramar).

The **Big Brothers Big Sisters Vision** is for all children to achieve success in life. BBBS is especially seeking male volunteers for all programs since 80% of our waiting list consists of Little Brothers, as well as male and female volunteers who speak Spanish, to be matched with children waiting for a mentor who primarily live in the South Bay and Mid-City targeted areas of need. Volunteer mentors need to be 18 years old or older (exception for the High School Bigs program), have a valid Social Security number, and be available to volunteer in the San Diego area for at least 1 year.

For more information, please contact:

Community Relations Specialist

Micaela Ortiz

858-536-4900

[MicaelaO@SDBigs.org](mailto:MicaelaO@SDBigs.org)

[www.sdbigs.org](http://www.sdbigs.org)

8515 Arjons Drive, Suite A

San Diego, CA 92126

### **Big & Little Sister Mentor Program**

Big Sister League of San Diego, Inc.

The Big Sister League Mentor Program selects, trains and matches adult women mentors with girls ages 6-17. The mentors encourage the girls to recognize and make responsible use of their capacities and strengths to reach their full potential. Mentors agree to spend three to four hours per week with their mentee for a minimum of one year. This program serves all of San Diego County.

For more information, please contact:

Diana Chung

619-269-1610

[bslmentor@gmail.com](mailto:bslmentor@gmail.com)

[www.bigsisterleague.org](http://www.bigsisterleague.org)

115 Redwood Street

San Diego, CA 92103

### **Club Xcite**

ClubXcite is a one-on-one youth mentorship organization specializing in kids and teens with learning disabilities and other special needs such as ADHD, mood disorders, social anxieties, emotional struggles, and behavioral challenges. Our mentors are qualified, energetic and act as positive role models, who are hand selected based on their credentials, charisma, and ability to build rapport with students. It is our top priority to select responsible mentors that will conduct safe and productive sessions while inspiring students through fun and captivating activities. We match the skills of the mentors to the interests and needs of your child.

Mentors utilize the "Xcite! Way" teaching philosophy, a belief that an enjoyable teaching style translates to accelerated learning and unmatched performance. With a fun, non-competitive, and encouraging environment, motivated and well-rounded students are created who reach their utmost potential.

For more information, please contact:

Angela Bianco  
858-922-0617  
[abianco@exciteway.com](mailto:abianco@exciteway.com)  
[www.exciteway.com](http://www.exciteway.com)  
1137 Camino Del Mar  
Del Mar, CA 92014

### **Community Assessment Team (CAT) Mentoring Program**

Social Advocates for Youth - SAY San Diego

The CAT Mentoring Program provides adult one-to-one mentors for at-risk youth ages 7-16 in the Mid-City community of San Diego. Mentors develop relationships with young people to guide and inspire them to set goals and make healthy life choices. With the support of experienced staff, mentors meet with their mentee twice a month for a period of six months. Before the match begins, volunteers undergo several hours of training that focus on program guidelines, understanding youth and positive communication skills.

For more information, please contact:

Marion Liszkowski  
858-565-4148  
[www.saysandiego.org](http://www.saysandiego.org)  
[volunteer@saysandiego.org](mailto:volunteer@saysandiego.org)  
3615 Kearny Villa Rd., Ste. 101  
San Diego, CA 92123

### **Construction-Coaching Opportunities to Reach Employment (C-CORE)**

The Home Builders Institute (HBI)

The Home Builders Institute (HBI) Construction-Coaching Opportunities to Reach Employment (C-CORE) is an industry sponsored mentoring opportunity that serves youth with potential, ages 16 to 18, with the aim of improving job placement and retention in careers associated with the home building industry. More specifically, C-CORE is designed to reduce involvement in substance abuse, truancy and other risky behaviors. C-CORE mentoring is unique in that it matches youth who are participating in residential construction training programs or interested in the field with mentors from the industry or others interested in giving back to the community. The goal is to further strengthen young people's commitment to an eventual career in any aspect of the industry. As with other HBI programs, C-CORE will include youth involvement in local industry-focused community service projects that promote leadership development, community attachment and relationship building.

For more information, please contact:

Deme Hill, Regional Coordinator California-Nevada  
Home Builders Institute  
Direct 619 871 3950  
Fax 202 266 8999  
[dhill@hbi.org](mailto:dhill@hbi.org)  
[www.hbi.org](http://www.hbi.org)  
6125 Imperial Ave.  
San Diego, CA 92114

### **Coronado Mentored Community Service Program**

The SAFE Mentored Community Service Program provides guided community service opportunities to students who are referred to complete requirements for everything from school extra-credit to terms and conditions imposed by the judicial system. They participate in Prevention Education focused on drugs, alcohol and other risky behaviors. Students are required to complete a project that addresses their behavior and reason for referral.

For more information, please contact:

Andrea Webster

Phone: 619-522-6884

Fax: 619-522-6885

[andrea.webster@coronadosafe.org](mailto:andrea.webster@coronadosafe.org)

1009 C Avenue

Coronado, CA 92118

### **Fostering Youth Independence (FYI) Mentoring Program**

San Diego Youth Services (SDYS) has been “helping at risk youth and families become self-sufficient and reaching their highest potential” for over 40 years. The FYI Mentoring Program is another dynamic aspect of SDYS. FYI is a one to one mentoring program that serves foster youth who are ages 12 to 18, both males and females throughout San Diego County. The mentoring relationship focuses on goal setting, positive choices and connection to employment, education and positive community activities. The program requires a year commitment with twice a month mentor and mentee outings. Matches also have the benefit of attending group outings such as surfing, snorkeling, rock climbing, mountain biking, snowboarding, hiking, movie nights and video game competitions.

For more information, please contact

Alease Teijaro

619-221-8610 ext 244

[ateijaro@sdyouthservices.org](mailto:ateijaro@sdyouthservices.org)

[www.sdyouthservices.org](http://www.sdyouthservices.org)

3255 Wing Street

San Diego, CA 92110

### **Foster Youth Mentor Program**

Health & Human Services Agency, Child Welfare Services and San Diego County Office of Education, Foster Youth Services

The Foster Youth Mentor Program matches caring adult with foster children. It is a program under the County of San Diego Health and Human Services Agency, Child Welfare Services in collaboration with the San Diego County Office of Education, Foster Youth Services program.

Foster children are dependents of the Juvenile Dependency Court. They reside in foster homes, group homes, and with extended family members. Mentors provide the children with a supportive and enriching one-on-one relationship that will aid in developing self-esteem. Activities may include providing transportation, tutoring, various social/educational outings, and FUN!

For more information, please contact:

Tin Le, Program Coordinator

619-767-5466

[Tin.le@sdcounty.ca.gov](mailto:Tin.le@sdcounty.ca.gov)

8333 Clairemont Mesa Blvd. Ste.212

San Diego, CA92111

### **Hermanitas**

MANA de San Diego

The Hermanitas (Little Sisters) Program is a youth leadership program under the auspices of MANA de San Diego, a national Latina organization. The mission of the organization is to empower Latinas through education, leadership development, community service and advocacy. The Hermanitas Program is one-to-one mentoring that focuses on the development of successful, responsible youth. The program explores topics that include self-esteem, cultural pride, academic goals and career opportunities.

For more information, please contact:

Sofia Salgado, Programs Manager

Phone: 619-297-0115  
Fax: 619-297-0996  
manasd@manasd.org  
[www.sdmana.org](http://www.sdmana.org)  
P.O. Box 81364  
San Diego, CA 92138-1364

### **Jewish Big Pals**

Jewish Family Services

Jewish Big Pals, a one-on-one mentoring program, provides positive, adult Jewish role models for Jewish children ages 6-16 from single-parent homes. "Big Pals" meet with their "Little Pals" at least every other weekend for 3-6 hours to do constructive, esteem-building activities together. Once made, matches are supervised on a monthly basis during the first year and quarterly thereafter. This program serves all off San Diego County.

For more information, please contact:

Elizabeth Marshall  
858-637-3090  
[elizabethm@jfssd.org](mailto:elizabethm@jfssd.org)  
[www.jfssd.org](http://www.jfssd.org)  
8804 Balboa Avenue  
San Diego, CA 92123

### **Lighthouse Mentoring**

Mariners Church

We believe mentoring is about changing lives of both our mentees and mentors. We believe mentoring is more about changing convictions and values than behavior. We believe that every human being is hardwired to connect to people and to something spiritual (God). We believe the best thing we can do for those being served is to model Christ so they in time will know and understand how to model that love to others.

For more information, please contact:

Sheryl Thomas  
949-769-8287  
[stthomas@marinerschurch.org](mailto:stthomas@marinerschurch.org)  
[www.marineslighthouse.org](http://www.marineslighthouse.org)  
5001 Newport Coast Drive  
Irvine, CA 92603

### **Metro Mentoring Program**

The Metro Mentoring Program helps to empower youth in our community to make positive life choices that enable them to maximize their potential. The mentoring program uses adult volunteers committed to supporting, guiding, and being a friend to a young person. By becoming part of the social network of adults and community members who care about the youth, the mentor can help youth develop and reach positive academic, career, and personal goals. Metro serves children ages 4-18 throughout San Diego County.

For more information, please contact

Ernesto Bustillos  
619-285-5556  
[ebustillos@metrosandiego.org](mailto:ebustillos@metrosandiego.org)  
6154 Mission Gorge Rd # 104  
San Diego, CA 92120-3435

### **Partners at Learning**

University of California, San Diego

The Partners at Learning (PAL) program, through the education Studies (EDS) provides UCSD undergraduate students several service-learning opportunities to work as mentors and tutors in San Diego's elementary, middle and high schools. The PAL Program strives to:

- Provide academic opportunities that challenge and support motivated elementary and secondary students, and prepare them for success in college preparatory classes.
- Expose San Diego's youth to college role models.
- Encourage and support family involvement in children's education.
- Immerse UCSD students in a community services experience working with students in local schools.

Every year students in UCSD's PAL course work with hundreds of young people on an individual basis, provide mentoring and tutoring at more than 20 area schools and contribute over 20,000 volunteer hours working with San Diego's youth.

For more information, please contact:

Partners at Learning  
Caren Holtzman  
858-534-1685  
[choltzman@ucsd.edu](mailto:choltzman@ucsd.edu)

### **PASS AmeriCorps Program**

San Diego Office of Education

PASS (Promoting Achievement and Student Success) AmeriCorps Program is coordinated out of the San Diego County Office of Education (SDCOE). PASS AmeriCorps Staff will serve full-time (12 months) to provide prevention and intervention services to students (grades 3-12) at-risk for negative choices in designated school sites: 1) Develop individual and group mentoring activities for identified students; maintain records, collect student data for reports, conduct survey/focus groups, coordinate and plan student leadership volunteer activities; assist students with academic assignments, and other related program services.

For more information, please contact:

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(760) 803-7573  
[mtinajero@sdcoe.net](mailto:mtinajero@sdcoe.net)  
6401 Linda Vista Road  
San Diego, CA 92111

### **The Preuss School**

The Preuss School UCSD is currently looking for caring adults to serve as mentors to our students. Preuss is an intensive college preparatory middle and high school for motivated low-income students who will become the first in their families to graduate from college. Our students take on academically intensive curriculum and work hard to excel, graduate and go on to college.

Quarterly meetings are planned and activities for the mentor/mentee pairs are also scheduled throughout the year. Mentors act in a capacity of role model, teacher, and friend. Often the exchange between the pair is educational for both, as both bring their own unique experiences to their exchanges. A mentor is paired with one student, and they meet on the school's campus either during lunch or the advisory period once a week for 30 minutes. Mentors meet with their mentee once a week for 30-60 minutes during school. Mentors and mentees develop a close bond that has lasting effects for both. Mentors must pass a DOJ/FBI background check and submit proof of tuberculosis skin test conducted within the past 60 days.

For more information, please contact:

Antonio Mora, Jr  
858-658-7473

[preussvolunteer@ucsd.edu](mailto:preussvolunteer@ucsd.edu)  
<http://preuss.ucsd.edu/>  
9500 Gilman Drive Dept. 0536  
La Jolla 92093-0536

### **Pro Kids**

The First Tee of San Diego

Dedicated and caring individuals are needed to provide support, encouragement, and positive guidance while serving as role models for Pro Kids members. Mentors are carefully screened and matched with an individual college-age Pro Kids member based on personal interests and common career interests. Mentors work with students attending schools both in the San Diego area as well as around the state. Each mentor is asked to commit to working with their mentee for two to four hours per month for a minimum of one year.

For more information, please contact:

Felipe Salazar  
Program Manager  
619-582-7884 x118  
[fsalazar@prokidsonline.org](mailto:fsalazar@prokidsonline.org)  
[www.prokidsonline.org](http://www.prokidsonline.org)  
4085 52nd Street  
San Diego, CA 92105

### **"Road to College" Mentor Program**

Barrio Logan College Institute

The purpose of BLCI's "Road to College" Mentor Program is to make one-on-one matches with interested, low-income, first-generation college-bound BLCI elementary, middle and high school students. The mentors are caring adults from diverse backgrounds that have college experience and can share their "college knowledge" with BLCI students, helping them succeed and realize their own potential. The "Road to College" Mentor Program serves 5th-12th graders that participate in BLCI's after-school enrichment program. All have the potential to be first generation college students! These students live in or around the culturally low-income community of Barrio Logan and attend schools all over San Diego County.

For more information, please contact:

Carlos Pineda  
619-232-4686 ext 108  
[carlos@blci.org](mailto:carlos@blci.org)  
[www.blci.org](http://www.blci.org)  
1807 Main Street  
San Diego, CA 92113

### **STEP UP Foster Youth Mentor Ministry**

The Rock Church

This ministry exists to build up foster youth who are going through life lost, and without hope. We have over 7,000 foster youth in San Diego County. These children have been removed from their homes, neighborhood, and communities - all that is familiar to them. This only increases their feelings of loneliness and most fill this emptiness with drug, sex, fighting/anger, and many end up on the streets at 18 with no place to go and no one to turn to for help. Mentors are caring people that follow these kids to provide ongoing support. When a kid moves to a new foster home, the mentor is there, when a kid moves to another group home, the mentor is there, when they get into trouble, or kicked out of school, the mentor is there.

For more information, please contact:

Lisa Walker  
619-757-9599

[stepupattherock@aol.com](mailto:stepupattherock@aol.com)  
<http://www.therocksandiego.org/ministries/fosteryouthmentor/>  
2277 Rosecrans St.  
San Diego, CA 92106

### **Turning the Hearts Center (THC)**

Fatherhood is Forever is a yearlong group mentoring project for middle and high school aged young men. Groups are conducted after school with a primary focus on teen pregnancy prevention, life skills development, and health education. The project starts with comprehensive 12-week teen pregnancy prevention curriculum and continues ongoing support services and mentoring to each youth and family based on individual needs and assessments. Mentors must be 21 years of age and older and are required to spend 2 hours per week with their mentee(s) during a weekly group session. Turning the Hearts Center primarily serves the South Bay community, but plans to expand services to other regions of San Diego County in the future. Now we have a total of 6 gender specific mentoring programs for youth ages 9 to 21. The names of the groups are: Boys Rise Up, 9-12 Boys to Men, 13-17 Men on the Rise 18-21 Girls Rise Up, 9-12 Girls to Women, 13-17 Women on the Rise, 18-21

For more information, please contact:

Belinda Varela  
P: (619) 691-9643  
F: (619) 691-9649  
[www.youtube.com/tthcsd](http://www.youtube.com/tthcsd)  
P.O. Box 210633  
Chula Vista, CA. 91921

### **VIP Mentor Program**

The foster youth programs helps foster youth ages 16-21 transition out of the system by providing life skills, and resource/referral services. The VIP Foster Youth Mentor Program serves youth in San Diego. Priority will be given to those youth closest to aging out of the system. The program provides a comprehensive array of services designed to equip youth with a specific skill set that will place them on a path to a successful and self-sufficient future.

For more information, please contact:

Cherolyn Jackson  
Executive Director  
(619) 987-7770  
Empowerment Association  
415 N. Euclid Ave.  
San Diego, CA 92114

### **Voices for Children, Inc.**

Court Appointed Special Advocates (CASAs)

Voices for Children, a nonprofit organization, endeavors to ensure that the abused, neglected and abandoned children who have become dependents of the San Diego County Court, will have a safe and permanent home. Through our work of trained and educated volunteer Court Appointed Special Advocates (CASAs), Voices for Children works with key agencies, legal counsel and community resources to identify and protect the best interests of each child inside and outside of court.

For more information, please contact:

Susan Smith, Volunteer Recruitment Coordinator  
858-598-2235  
[SusanS@speakupnow.org](mailto:SusanS@speakupnow.org)  
2851 Meadow Lark Drive  
San Diego, CA 92123

www.speakupnow.org

### **Xcite Steps**

XciteSteps was founded to create opportunities for youth and adults who experience a disability to make friends, be part of a social network, be supported recreationally and academically to reach their full potential in their community and school, find or create meaningful and appropriate social opportunities, feel connected with others and most importantly feel good about themselves and promote personal happiness.

For more information, please contact:

Pam Machala

858-703-7305

[pmachala@excitesteps.com](mailto:pmachala@excitesteps.com)

<http://www.excitesteps.com/>

1137 Camino Del Mar

Del Mar, CA 92014

### **YouthBuild Mentoring**

Able-Disabled Advocacy, Inc.

YouthBuild is a highly successful and well-respected program for out-of-school young adults that place equal emphasis on community development, job training, career development, and education. The program is nationally recognized for its ability to enable young adults to create success for themselves while making a significant contribution to society.

YouthBuild was started in 1978 as the Youth Action Program with the support of HUD, the U.S. Department of Housing and Urban Development. It provides young adults an immediately productive role in their community as they engage in the development and renovation of low-income and transitional housing, learn about the responsibilities of work, learn academic skills required for high school diplomas, acquire job skills in construction trades, and learn leadership and social interaction skills. In this program we will also emphasize job readiness and how to keep a job, along with other life skills, such as personal finance and driver's license training.

For more information, please contact:

Frank Scott

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### **Mentor Resources**

#### **Mentor Management System (MMS)**

Mentoring Management Systems (MMS), a private consulting organization, is a recognized leader in the design and implementation of youth mentoring programs. Owner/operator Jerry Sherk works closely with agencies to develop a sound operating structure and mentoring trainings that promote the safety and personal development of their mentees.

For more information, please contact Jerry Sherk:

By Phone: 760-525-4984

By E-mail: [sherks@mentorms.com](mailto:sherks@mentorms.com)

Web Site: [www.mentorms.com](http://www.mentorms.com)

#### **Volunteer Recruitment Services & Volunteer Opportunities**

Volunteer San Diego

Volunteer San Diego's Mission is to connect individuals and groups with meaningful volunteer opportunities that meet real community needs. If you are looking for volunteers/mentors, please

contact Volunteer San Diego for more information. In addition to providing support for organizations trying to recruit mentors/volunteers (see below), Volunteer San Diego provides an excellent resource for mentors/mentees looking to volunteer during their mentoring activities. We also offer volunteer management training courses several times each year.

For more information, please contact:

Sarah Adams

858-300-3280 x212

[sadams@volunteersandiego.org](mailto:sadams@volunteersandiego.org)

[www.volunteersandiego.org](http://www.volunteersandiego.org)

## **Additional On-Line Resources**

### **National Mentoring Partnership**

This is a comprehensive site on youth mentoring.

[www.mentoring.org](http://www.mentoring.org)

### **Northwest Regional Educational Library**

This site often has studies and tips for program managers regarding successful management of mentoring programs.

[www.nwrel.org/mentoring](http://www.nwrel.org/mentoring)

### **Public/Private Ventures**

This site is the leader in youth mentoring program research.

[www.ppv.org](http://www.ppv.org)

## **Disclaimer**

Although the Mentoring Coalition of San Diego County has a goal of helping youth mentoring programs establish safe and effective practices, each listed organization functions as an entity independent of the Coalition. The Mentoring Coalition of San Diego County does not certify or monitor individual programs, or program personnel and is, therefore, not responsible for the actions of individual mentoring programs or their staff.